

# ASHTABULA COUNTY ONE LIFE SUICIDE PREVENTION 5K RACE/WALK

Millions of dreams, hundreds of opportunities, ONE LIFE.

The Ashtabula County Suicide Prevention Coalition invites everyone to attend the One Life 5K Race/Walk on **September 9, 2017**. Your participation in this race, along with your donation, will help the Suicide Prevention Coalition expand its efforts to increase awareness, prevent suicides in our community, and support the Local Outreach to Suicide Survivors (LOSS) Team.

**When:** Saturday, September 9, 2017 at 9:00 a.m. Registration begins at 7:45 a.m. with activities and ceremony before the race/walk.

**Registration:** Pre-registration of \$20.00 is due by September 1, 2017. Please go to [www.ashtabulamhrsboard.org](http://www.ashtabulamhrsboard.org) and click the **Events and Coalitions** tab to obtain a registration form or visit the Ashtabula Distance Runners Club website at [www.ashtabuladistancerunners.org](http://www.ashtabuladistancerunners.org).

Race day registration of \$20.00 begins at 7:45 a.m. in the parking lot located at 4817 State Road, Ashtabula, Ohio. The race will begin and end just north of the intersection of Rt. 84 and State Road, Ashtabula, Ohio.

**Race Contact:** For additional information, contact Bridget Sherman, 440-992-3121.

**Sponsor Contact:** Organizations or individuals interested in sponsoring the event should contact Bridget Sherman, Ashtabula County Mental Health and Recovery Services Board, 440-992-3121.

