

# ONE LIFE

## 5K RACE/1 MILE WALK

# FOR SUICIDE

# PREVENTION

Millions of Dreams,  
Hundreds of Opportunities,  
**ONE LIFE.**

**Saturday, September 9<sup>th</sup>, 2017**  
**4817 State Road, Ashtabula, OH**  
Call 440-992-3121 for more information.

- Registration begins at 7:45 am with activities and ceremony before the race/walk.
- Registration fee: \$20, Pre-register by Sept. 1<sup>st</sup> and receive a free t-shirt! Free t-shirts for first 75 registrants!

Please visit [www.ashtabulamhrsboard.org](http://www.ashtabulamhrsboard.org) and click the Events and Coalitions tab for a registration form, or visit the Ashtabula Distance Runners Club website at [www.ashtabuladistancerunners.org](http://www.ashtabuladistancerunners.org).