

2nd Annual 5K & 1 Mile Walk to benefit Homesafe
Zonta Club of Ashtabula Area
Saturday, September 30, 2017
A USA Track & Field Sanctioned Event



Registration: 8 a.m. Race Time: 9 a.m.

The COURSE will start at the main pavilion of Lake Shore Park,. Both the 5K and the one mile will be a hilly course, surrounded by the beautiful Lake Shore Park and Lake Erie

Online registration: www.stasnyroadracing.com

Pre-Registration by September 23rd. Fees are \$20 pre-registration or \$25 day of race with all proceeds going to Homesafe. T-Shirts will be provided for the first 100 people who register

Awards: Overall Male and Female Winners will receive trophies
 First place in each age division male & female finishers will receive medals
 Second & third place in age group categories will receive ribbons.



14 & under, 15 to 19, 20 to 24, 25 to 29, 30 to 34, 35 to 39, 40 to 44
 45 to 49, 50 to 54, 55 to 59, 60 to 64, 65 to 69, 70 to 74, 80 to 84, 85 +

For More Information: Call Linda Coblitz 440-993-5650

Ashtabula Distance Runners Grand Prix information and results can be found at

www.ashtabuladistancerunners.org

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Event: 1 Mile _____ or 5K _____ \$20 Pre-Registration or \$25 Day of the Race

Make Checks Payable to **Zonta Club of Ashtabula**. Mail check & entry form to
 Linda Coblitz, Post Office Box 616, Ashtabula, OH 44005-0616

Name:	Sex:	Age:	T-Shirt Size
Address:	City:	State:	Zip:
Emergency Contact # :	Email:		

I accept that I compete in this event at my own risk and I hereby waive and release the event, Stasny Road Racing LLC, Ashtabula Township, and all sponsors, contributors, supporters, and officials associated with the event from all rights and claims for any accident, injury, or loss suffered as a consequence of my participation. By signing this waiver you are giving permission for SRR, LLC to add your email to their database. The participant is also giving SRR, LLC the right to publish video & photos online/social media.

Date: _____

Signature: _____

Must be signed by parent if under 18 years of age