



Ashtabula County Metroparks



# Greenway Trail 10K & 2 Mile Races

## June 17, 2017

**Registration: 7:00 a.m.**

**Race Time: 8:00 a.m.**

**Courses:** Flat 10K and 2 Mile races along Greenway Trail (paved bike trail) starting and concluding at Lampson Road entrance in Austinburg Township. The 10K race goes south and back on trail, 2 mile race goes north and back on trail. Turnarounds are at halfway points for each race.

**Directions:** Lampson Road Staging Area is on the Western Reserve Greenway in Austinburg. From I-90 take State Route 45 (exit 223) south 2.3 miles. Turn left (east) onto Lampson Road. Go 1/2 mile to the Lampson Road Staging Area and turn right (south) into the parking lot. Ample parking, picnic pavilion, and restroom facilities are available on site.

**Registration Fee:** The 10K registration fee is \$25. The 2 Mile pre-registration fee is \$10. This is an Ashtabula Distance Runner's Club (ADR) Event. Club members receive \$5 off registration fee. On-line registration is available at <https://register.chronotrack.com/r/29337>. All race proceeds go to ADR Club.

**Awards:** 10K Race - Medals for top three overall male & female and medals for 1st place in each age group male & female. Ribbons for 2nd and 3rd place in each age group. 2 Mile Race - Ribbons for overall and age group winners. Age Groups - 14 under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 over

**Timing and Scoring:** Stasny Road Racing (CT Chip Timing)

Ashtabula County  
Medical Center

An affiliate of



**Sanctioning:** This is a USA Track and Field sanctioned event.

ACMC Healthcare System

**Race results at Ashtabula Distance Runner's (ADR) site:** [ashtabuladistancerunners.org](http://ashtabuladistancerunners.org)

Checks Payable to: Ashtabula Distance Runners Club (ADR)  
Mail Check and Form to: ADR, P.O. Box 43, Ashtabula, Ohio 44005  
Race Director: Terry Putt @ 440.474.3925



Indicate Event:      10K Race: \_\_\_\_\_      2 Mile Race: \_\_\_\_\_      Amount \$: \_\_\_\_\_

Name: \_\_\_\_\_      Gender: \_\_\_\_\_      Age: \_\_\_\_\_

Address: \_\_\_\_\_      City: \_\_\_\_\_      State: \_\_\_\_\_      Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_      E-mail: \_\_\_\_\_

I accept that I compete in this event at my own risk and I hereby waive and release the event, City of Ashtabula, Stasny Road Racing, LLC, and all sponsors, contributors, supporters, and officials associated with the event from all rights and claims for any accident, injury, or loss suffered as a consequence of my participation. Signing this race form also grants Stasny Road Racing, LLC permission to add your email to their database and use race photos and video from the event on social media and internet outlets.

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Must be signed by parent (if under 18 years)